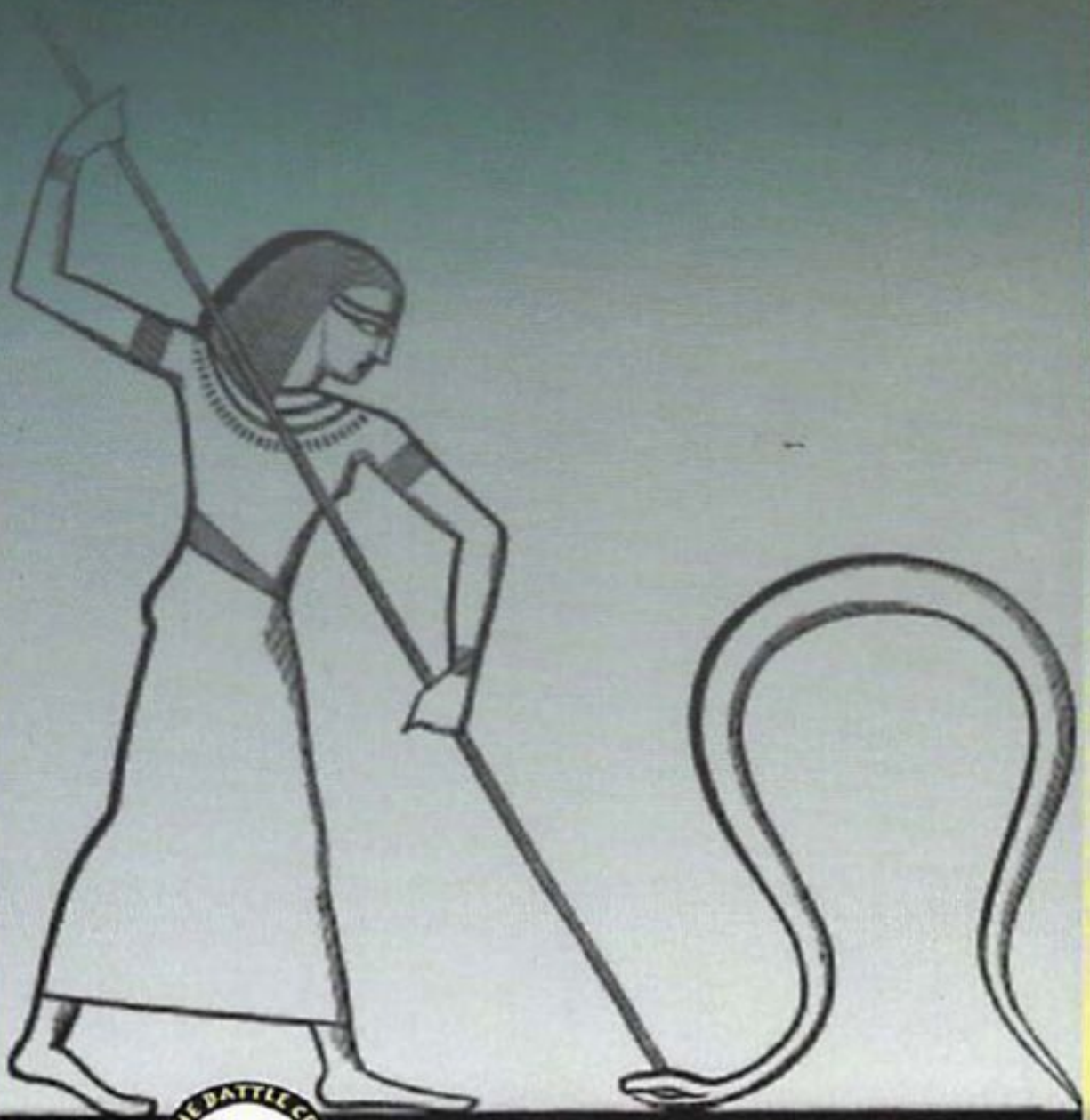


KILLING *the* SERPENT *of* FRUSTRATION



DR. D. K. OLUKOYA

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SERPENT
OF
FRUSTRATION**

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CHAPTER ONE

KILLING THE SERPENT OF FRUSTRATION

Frustration is not an ordinary thing. It is the wicked tool used by the devil. As human beings, it is easy to get frustrated, but when frustration is sponsored from the kingdom of darkness it becomes a terrible problem. Those who have committed suicide as well as those who have records of failed suicide attempts are victims of satanic frustrations. When you receive the arrow of satanic discouragement, you will be forced to take any actions that may be inimical to your well being.

There is a serpent of frustration in the spiritual realm. It is an evil spirit in charge of despair, discouragement or frustration. When you are attacked by the spirits you will give in to any form of satanic suggestions. Many have opted for suicide after concluding that life is no longer worth living. I want us to begin the battle against the serpents of frustration early enough. Take these two prayer points:

1. My heavens, hear the words of the Lord, open by fire, in the name of Jesus.
2. I kill the serpent of frustration by the thunder power of God, in the name of Jesus.

Frustration at the edge of breakthrough is one of the weapons that the devil uses against believers in this dispensation. Many children of God are frustrated. What is not clear to a lot of people is that frustration is a power that looks like dark cloud in the spiritual realm.

Then the people of the land weakened the hands of the people of Judah, and troubled them in building, And hired Counsellors against them, to frustrate their purpose, all the days of Cyrus king

of Persia, even until the reign of Darius king of Persia. Ezra 4:4, 5.

It is obvious that frustration begins with weakness and weariness of the mind. This is what eventually leads to trouble and opposition. This type of frustration is external.

I do not frustrate the grace of God: for if righteousness come by the law, then Christ is dead in vain. Gal.2:21.

Frustration can also be internal. The decisions you take consciously or unconsciously can frustrate the grace of God upon your life. This kind of frustration is self-made and is against the plan and purpose of God. Frustrate is derived from a Latin word- 'frustrate' which means 'in vain.' In modern English it means to break the normal order of things or a process. It means to block or interrupt a person, to obstruct a person, to defeat a person constantly, to slow down a person's progress, to disappoint, suppress, bring to nothing, baffle, outwit, discourage, make of no avail, abort, counter and neutralize, hinder or prevent, or mess up a person.

The outlook of some people reveals that they are suffering from frustration but only try to cover up. A man who wears jewelry and dresses like a woman is frustrated. His inner being is distorted and devastated. He only tries to cover up what is going on. Frustration is potent enough to destroy your destiny.

A FRUSTRATED TEACHER

Let me share with you the case of a lady who came for teaching practice in the school I attended while I was young. She taught us how to identify different parts of the body, including the eyes, nose, neck, fingers, ears and so on. A group of rebellious students had decided to frustrate her effort while the inspector was around. As the inspector arrived, the lady said, "Good morning" but the group of the rebellious students answered her

"Good evening," The lady repeated herself but the student re-echoed their answer. She ignored this and continue her teaching.

Again, she pointed to her nose and asked us what she pointed at. The group of students who were prepared to frustrate her said, "Neck," She pointed to her neck, and they answered, "Fingers." This made her to fall before the class and started crying. Meanwhile, her inspector had noted the response of the students. This is typically known as frustration. The psalmist describes frustration thus:

O LORD God of my salvation, I have cried day and night before thee: Let my prayer come before thee: incline thine ear unto my cry; For my soul is full of troubles: and my life draweth nigh unto the grave. I am counted with them that go down into the pit: I am as a man that hath no strength: Free among the dead, like the slain that lie in the grave, whom thou rememberest no more: and they are cut off from thy hand. Thou hast laid me in the lowest pit, in darkness, in the deeps. Thy wrath lieth hard upon me, and thou hast afflicted me with all waves. Selah. Thou hast put away mine acquaintance far from me; thou hast made me an abomination unto them: I am shut up, and I cannot come forth. Ps. 88:1-8.

God can reach out to you if your condition is similar to the cry of the psalmist above. There is no mountain too great for the Lord to move. Your situation is not beyond redemption. There is away of escape for you. Just believe and have faith in the Lord. He will see you through the valley of the shadow of death. Men may see nothing good out of you but God has never given up on you. His power and might can change your night to day and bring possibilities out of impossibilities. All that is required of you is absolute faith. There is no one that can please the Lord without faith in Him.

SALIENT FACTS ABOUT FRUSTRATION

1. ALL HEROES OF FAITH EXPERIENCED THEIR TIMES OF FRUSTRATION

Frustration is a challenge. It tests your trust and confidence in God. It is wrong to run away from frustration. The best thing for you to do is to confront it with the strength of God. You should prepare to confront frustration like the saints of old, since you cannot run away from it.

Abraham, the father of faith, was frustrated with childlessness. Despite his faithful work with God, he gave up the idea of ever having a child of his own. However, he became a friend of God as a result of his tenacious faith. The Bible says that God calls those things which are not as though they were.

Humanly speaking, Abraham and Sarah could not have got a child at such their old age. In the world of medical science. Sarah had reached the age of menopause. However, with God who created man and all things, nothing is impossible. At the set time of divine visitation, Sarah conceived and gave birth to the promised child.

Faith believes the incredible. You have to learn to see life with the eyes of faith. The promise of God to Abraham that he would become the father of many nations looked humanly impossible, abstract and unreal. Are you passing through any challenge right now? Believe God and never allow the devil to frustrate you. Remember that it is always dark before it is dawn. Your night of weeping will soon become the morning of joy and happiness. A winner is someone who never quits. A quitter, on the other hand, hardly wins.

But without faith it is impossible to please

him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him. By faith Noah, being warned of God of things not seen as yet, moved with fear, prepared an ark to the saving of his house; by the which he condemned the world, and became heir of the righteousness which is by faith. By faith Abraham, when he was called to go out into a place which he should after receive for an inheritance, obeyed; and he went out, not knowing whither he went. By faith he sojourned in the land of promise, as in a strange country, dwelling in tabernacles with

Isaac and Jacob, the heirs with him of the same promise: For he looked for a city which hath foundations, whose builder and maker is God. Through faith also Sara herself received strength to conceive seed, and was delivered of a child when she was past age, because she Judged him faithful who had promised. Hcb.11:6-11.

Other saints of old like Elijah, Moses, David, Samuel, Elizabeth, Zechariah, Jeremiah, Esther, Daniel and even Paul the Apostle, all passed through difficult times of frustration. Your attitude to the greatness of God will determine whether you would be victorious at the time of frustration. If you see God as great, mighty and all powerful, your problems would be as nothing.

2. THE SERPENT OF FRUSTRATION CAUSES PEOPLE TO QUESTION WHETHER GOD LOVES THEM.

The love of God cannot be comprehended. It is great and marvelous. Sometimes, frustration makes people to question whether God loves them or not. Know that you are special to God. He knows the burden of your heart and wants to deliver you. All you have to do is take your burden to Him and leave it at the foot of the cross.

And it shall come to pass in that day, that his burden shall be taken away from off thy shoulder, and his yoke from off thy neck, and the yoke shall be destroyed because of the anointing. Isaiah 10:27.

Even our Lord Jesus questioned the love of God when He was on the cross of Calvary, because he carried the sins of the world. Whatever you are passing through today, God knows. He will see you through.

3. ENEMIES THAT FRUSTRATE THE CHILDREN OF GOD.

The devil usually positions some enemies, situations and circumstances on the ways of believers to frustrate them. My prayer is that any power that wants to trouble you and frustrate your confidence in God shall be destroyed, in the name of Jesus. Jesus Christ encouraged His disciples not to allow anything to trouble their hearts.

Let not your heart be troubled: ye believe in God, believe also in me. John14:1.

Faith banishes fear. When you exercise faith on the promises of God, fear and frustration would disappear.

4. FRUSTRATION CAN MAKE PEOPLE BITTER OR BETTER

A woman told me a story of woe. She had five daughters, the youngest was 21 years old while the eldest was 36. All of them were bed-wetting. The woman went to several places and consulted different kinds of people, but all to no avail.

She narrated her ordeal to a so-called man of God who told her that her womb needed deliverance. The man of God gave her an odd appointment, at 11.30 p.m., and out of desperation for deliverance she went. The deliverance did not start until 12.30 a.m. The man undressed and instructed the woman to undress too, if she wanted special deliverance for her daughters. After much thought about all the shame and frustration she undressed. The man then brought out a big bottle of anointing oil, anointed his manhood with the oil and told the woman that her deliverance would come if she sleeps with him. The woman co-operated and subsequently the condition of her daughters aggravated.

During our prayer meeting at the Eagles' Square in Abuja, a lady was anxious to be delivered from SS genotype and she waited on the Lord to receive the deliverance. During the ministration the Lord laid upon my heart to declare a revelation that "a person whose genotype was SS has now become AA."

The lady believed the Lord and immediately headed to a laboratory to check her genotype. To her surprise, it read AA instead of SS. As she jumped and jubilated, the person who did the test asked her why and she explained how God changed her blood genotype from SS to AA. The laboratory attendant wanted to check again, but she left to another laboratory where the same result was confirmed. This shows that there is nothing impossible for God to do.

PRAYER POINTS

1. Ancestral flow of frustration in my life, career, children, work, marriage and future, I stop you. Die, in the name of Jesus.
2. Every arrow of frustration, go back to your sender, in the name of Jesus.
3. You ancestral debt collector forcing me to pay for what I did not buy, you are a liar, die, in the name of Jesus.
4. Altar of wickedness that has caused me so much frustration, you are a liar, die, in the name of Jesus.
5. My Father, shower upon me breakthroughs that would swallow frustration, in the name of Jesus

CHAPTER TWO

THE VALLEY OF FRUSTRATION

There is a dangerous place that you must never get into; it is the valley of frustration. It is a satanic pit for those the devil hate with perfect hatred. The pit is so deep that nobody should ever get in there.

The valley of frustration has swallowed so many people before their appointed time. Anyone in this valley needs divine intervention. You have to continuously pray for the presence of God while in this valley so that your life can be spared. Saul, the king of Israel, was in this valley at a particular point in time. Instead of continuously seeking the presence of God, he sought after the woman with a familiar spirit which eventually resulted in his destruction.

Then said Saul unto his servants, Seek me a woman that hath a familiar spirit, that I may go to her, and enquire of her. And his servants said to him, Behold, there is a woman that hath a familiar spirit at Endor. And Saul disguised himself, and put on other raiment, and he went, and two men with him, and they came to the woman by night: and he said, I pray thee, divine unto me by the familiar spirit, and bring me him up whom I shall name unto thee.

I Sam. 28:7-8.

Daniel was in the valley of the shadow of death with dangerous lions. The presence of God with him shut the mouths of the lions that they could not destroy him. Shadrach, Meshach and Abednego were also in the valley of frustration. They were thrown into the fiery furnace but the Lord was with them and they were not destroyed.

For you to come out of the valley of frustration, you must desire the presence of God above all things. The priority of your life must be God and

He alone. The promise of divine presence in the valley of frustration can be found below:

But now thus saith the LORD that created thee, O Jacob, and he that formed thee, O Israel, Fear not: for I have redeemed thee, I have called thee by thy name; thou art mine. When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee.
Isaiah 43:1-2.

Let us examine the evil consequences of frustration:

1. FRUSTRATION MAKES PEOPLE FEEL IT IS ALL OVER AND THAT THE HOPE OF THE FUTURE HAS VARNISHED.

There are people who are endlessly crying over the past as a result of frustration. The fact that the road is crooked does not mean that you cannot make it in life. Never allow frustration to disrupt the vision you have about tomorrow. Learn to always bury the past and brighten the future. A setback is not the end of life. You can bounce back to life through the power of God.

Businesses often involves risk. The fact that you incurred a loss in doing a particular business does not mean the end of life. Once there is life, there is hope. Great men and women were born out of the nights of terror, challenges and great confrontations. Just plan the way to move forward.

The steps of a good man are ordered by the LORD: and he delighteth in his way. Through he fall, he shall not be utterly cast down: for the LORD upholdeth him with his hand. **Psalms 37:23-24.**

Have you fallen into sin and are guilt-laden, thinking that God cannot forgive you? Cheer-up, the door of mercy is still wide open. Go to the cleansing flood and be washed in the blood of the Lamb. Have you tried in vain to resist certain temptations and you are thinking that holiness is not possible in this world? Know assuredly that Jesus knows your heart. He can help you to scale through temptations or trials of faith.

Never give up the Christian faith or forget God because of frustration. Who else can help you out if not God? Just wait on Him in assurance of faith. Delay is not denial in His programme.

Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD. Psalm 27:14.

Are you barren and you think all is over? If God could give a child to Sarah who had got to her menopause age, He can give a child to you. You are not as old as Sarah, neither is your husband as old as Abraham. If God would give miracle children to Abraham and Sarah, and even Zachariah and Hannah, your case shall not be different. The delay is because of the mighty things that the Lord is set to do. Just wait on Him!

2) FRUSTRATION LAUNCHES SEVERE ATTACKS ON YOUR DESIRES, GOALS, VISIONS, AMBITIONS, PLANS AND DREAMS.

Joseph had a great vision of a glorious future. Several incidents, however, attempted to hinder him from fulfilling his vision. He had an undaunted stance against disobeying the commandment of God. This made him to triumph during the time of trials. Jesus, the Saviour of the world, miraculously escaped satanic attacks. Herod heard about His birth and ordered the shepherds to search diligently for Him so that His life would be cut short. When Herod failed in this way he gave a decree that all the children born at that time should be killed. It was through the grace of God that Jesus was spared of satanic attacks.

3) ALL ACOMPLISHED MEN PASSED THROUGH THE VALLEY OF FRUSTRATION

I read in a book that the first year of business for the founders of Coca-Cola was nothing to reckon with. They sold only 400 bottles that year. Then the story changed. I also read about Dr. Swess, an expert in writing children's stories. He took his first manuscript to 27 publishers and each turned it down. He was frustrated but did not give up. The 28th publisher took it and sold over six million copies.

Thomas Edison, the man who invented the electric bulb, conducted over a thousand experiments. He also tried over 200 elements before he got the one that could give light. He did not give up to discouragement. The word of God to you is that your latter glory shall be greater than the former.

4) FRUSTRATION CAN BE CAUSED BY SCARCITY.

Work can bring about frustration. There are people who work like elephants but eat like ants. The more they put in the work, the less result they get. Others are frustrated because their financial life is unhealthy. In other words, they have bags with holes. Prayers must be said to destroy the works of the emptier in your life so that you can experience full liberty.

5) DEEP FRUSTRATION HAS DRIVEN PEOPLE TO MURDER, INSANITY AND DEEP DEPRESSION.

Power must change hands, no matter how the devil works. Rather than run to false prophets, through fervent prayers you can deliver yourself from the hands of the strongman holding you captive. You can wait on the Lord in prayers and fasting to put an end to the works of the devil. The Bible says:

Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence. Ps 91:3.

Take the following prayer points:

PRAYER POINTS

1. Inherited frustration, hear the word of the Lord: die, in the name of Jesus.
2. Strongman assigned to frustrate me, you are a liar, die, in the name of Jesus.
3. By the thunder of your power, O God, arise and destroy the frustration in my life, in the name of Jesus.
4. Every power trying to frustrate my life, your time is up, die, in the name of Jesus.
5. Serpents of frustration, I bury you today, in the name of Jesus.

CHAPTER THREE

THE PERIL OF FRUSTRATION

Frustration is like a magnet. It does not affect only a person but also those who are around him. The frustration in a marriage would likely affect the children. Also, children who are frustrated would be a burden to their parents, the family and the entire society. The job that is full of frustration would affect the lives of the staff and eventually their families. Many ladies have taken to the streets as prostitutes because of broken marriages. Some ladies frustrated because of financial reasons also take to immoral relationships. And when they take to immorality they may contract HIV/AIDS and freely distribute death certificates to whoever patronises them.

My son, if sinners entice thee, consent thou not. Proverbs 1:10.

Never allow frustration to ruin your life. Remain at the centre of God's will.

Note the following characteristics of frustration:

1. IT IS IMPOSSIBLE TO ELIMINATE FRUSTRATION BUT YOU CAN OVERCOME IT WITH GOD'S HELP

As long as you are alive, it may be difficult to be free from frustration. The only place where people are not frustrated is the graveyard. If you live with people, you would be frustrated. If you do not live with people, you would still be frustrated. The best thing for you is to confront every form of frustration with the right altitude of faith since it is inevitable in human existence.

2. FRUSTRATION CAN TURN A RAT TO A LION

Frustration and fear go pari-pasu. Fear and faith are two lines that cannot meet. Problems are enlarged during the times of frustration. Vision become blurred, passion wanes and dreams are nullified during frustration. In unusual manner the devil frustrates people by presenting himself as a roaring lion.

Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:

1Peter 5:8.

The devil is not a lion. He only looks like one.
He cannot destroy you once God is with you.

3. FRUSTRATION IS A HEART BREAKER AND A VICIOUS KILLER

A lot of people have been sent to the grave prematurely because of frustration. Records abound of cases of suicide and murder because of frustration. There are those that have been jettisoned during courtship. Lots of woes have been caused as a result of frustration. However, a broken marriage is not a broken life. You can pray to make your marriage blissful again. Some men have been caged by strange women. Spirit wives and husbands abound in our societies today. Instead of being hypertensive, you can raise a prayer altar to deal with frustration.

4. THE ENEMY CAN USE YOU AS AN OBJECT OF FRUSTRATION

Do you know that many are in problems that they caused unknowingly? Sins ensnare. When you live in sin, you are in bondage to the prince of this world who can do whatever he likes with you. Sin gives the devil a legal ground to frustrate, oppress, depress and even suppress you. Break loose from sin and enjoy the liberty purchased by Jesus.

5. FRUSTRATION CAN OCCUR AT DIFFERENT LEVELS.

A student who is not intelligent and of poor background can be frustrated if he or she fails examinations. A student who is intelligent, hardworking and

has all the resources to succeed would be more frustrated if he or she fails in an examination.

The enemy who takes away your certificate is dangerous but the one who takes away your brain is more dangerous. A person would be frustrated if the enemies take away his bed, but would be more frustrated if his sleep is taken away. Therefore, frustration occurs in different degrees.

6. A HABITUALLY UNGRATEFUL PERSON WOULD BE A STRANGER TO HAPPINESS

The need to have a grateful spirit is very important. Being moody, sad and despondent is not good. For you to live a happy and fulfilled life you must learn to be grateful to God and for the assistance of people. Thank God for all His faithfulness, kindness and compassion which are seen on daily basis in your life. The mercy of God for sparing your life till this moment should be appreciated. Be habitually given exalting the name of God for all the good things He has done for you.

Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ; Eph.,5:20.

CHAPTER FOUR

TURNING FRUSTRATION TO FULFILMENT

You can turn frustration to fulfillment. Your mistakes can be converted to miracles. Your problems can become your promotions. Your pain can become your gain. Your moments of discouragement can become the high points of encouragement in your life. Behind every dark sky is a silver linen; it is often darkest before the dawn. The Bible has given us a ray of hope in the tunnel of darkness. It is indeed true that weeping may endure in the night but joy cometh in the morning. No matter how long your night of discouragement is, there is a moment of joy ahead of you.

Even if you had shed enough tears to fill a bucket,. God will wipe your tears away. He will put a song on your lips and give you dancing shoes to put on. Your story will lead to glory. The cross will lead to your crowning. God will turn the tide to your favour. Wherever you have been frustrated, God will give you a testimony. Frustration can never become your final bus-stop. You are moving forward to the land of fulfillment. The God who answers by fire will make the impossible possible. Let us examine what it takes to turn frustration into fulfillment:

1. FRUSTRATION SOMETIMES MEANS THAT YOU NEED TO MEDITATE

Meditation is a careful thought about the greatness and goodness of God. You need not to worry about your problem as this would not bring the needed solution. Never ponder on your problems but on the possible solutions to them. When you think about your problems, it would be magnified in your eyes. It is only when you think about the greatness of

God that your frustration would give way. The greatness and goodness of God would make your mountains to become insignificant.

Let your meditation be on:

- How you got to the level of frustration.
- Why you are in the valley of frustration.
- The way out of the frustration.
- The promises in the word of God.
- The power and might of God.

2. FRUSTRATION MEANS THAT YOU SHOULD PRAYERFULLY BRAINSTORM

Burdens are lifted through prayers. Mountains give way when you pray. It is when you bend low that you will stand tall. Through aggressive prayers you can receive the inspiration that will bring solution to frustration.

Just pour your heart to the Lord in prayers. Fervent prayers can bring answers to difficult situations.

3. FRUSTRATION CAN TEACH YOU HOW TO TAKE OVER INSTEAD OF TAKING COVER.

There are different times that you need to be aware of. Many have got their waterloo as a result of wrong timing. At times you may need to hide yourself, while there are times you may need to come out. Revealing yourself at the time you need to hide could be devastating.

Moses did not understand right timing. He revealed himself at the wrong time, when in attempting to defend an Israelite he killed an Egyptian. Joseph and Mary had to hide Jesus at the right time from the brutalisation of Herod. For many years Jesus took time to prepare Himself for His ministry. It was at the right time that He came out. You must know the right time to take cover and the time to take over.

4. FRUSTRATION IS SOMETIMES OPPORTUNITY BADLY MANAGED.

Frustration sometimes sets in when you refuse to make maximum use of your opportunities. There are people who have regrets later in life as a result of refusing to maximise the opportunities they had during their youthful days.

Remember now thy Creator in the days of thy youth, while the evil days come not, nor the years draw nigh, when thou shalt say, I have no pleasure in them; While the sun or the light, or the moon, or the stars, be not darkened, nor the clouds return after the rain:
Ecc. 12:1-2.

5. THE GREATEST FORM OF FRUSTRATION IS TIME WASTAGE

Time is irredeemable. The time you waste doing irrelevant things constitute the greatest form of frustration. Time wastage is equivalent to wasting money and, in fact, life. Use your time profitably, prayerfully, meditatively and wisely.

Redeeming the time, because the days are evil. Eph.5:16.

6. FRUSTRATION CAN BE INHERITED

There are family lineages that are experts at frustration. Certain occurrences may happen in a family that when remembered could bring about bitterness and frustration.

Some people are experts at worrying in the family. Your prayer must be that all the roots of bitterness in your life shall be destroyed by the power in the name of Jesus.

7. IF YOU DON'T STOP FRUSTRATION IT CAN STOP YOU.

It is clear that the path to greatness is paved with frustration. The way you handle it would determine whether you would be a victor or a victim. You should kill the serpent of frustration before it kills you.

Some people handle frustration by worrying, crying, being hysterical, self-pity, cursing, shouting, being sorrowful or having suicide thoughts and imaginations.

Frustration pushes people to become slaves of false prophets, occultic people and bestial powers. Others become downcast, mournful, cruel, agitated or withdrawn. Some abandon their services to God, resign to fate or give up. These kinds of reactions can eventually kill a person.

Do not allow frustration to gain the upper hand in your life.

Do not see frustration as a stumbling block, convert it to stepping-stones to fulfillments.

CHAPTER FIVE

KEYS TO KILLING FRUSTRATION

1. COMPLETE AND ABSOLUTE SURRENDER TO THE LORD

Submit yourselves therefore to God. Resist the devil, and he will flee from you. James 4:7.

The measure of your submission to God determines the level of your obedience to Him. Your submission to Him must be entire and complete. It must be in all areas of your life. Rebellion or disobedience to His injunctions must be far from you, if the desire of your heart is to kill the serpent of frustration.

Any form of rebellion in your heart would magnify frustration. Be totally submitted to doing the will of God.

2. THE KEY OF BROKENNESS

A broken believer is one who is entirely given to the will and instructions of God. All the works of the flesh are not found in the life of a broken Christian. Brokenness makes a believer to pray and obey in totality the commandments of God. Being broken will make you not to be bothered whether someone insults, maligns, fights or quarrels with you or not. The more broken you are the more frustration runs away from you. Also, the less broken you are the more frustration comes your way.

Moses epitomised brokenness. When confronted with the frustration of the Red Sea before him, he took the right decision. Later, about three million Israelites complained bitterly to him. But he was not frustrated, he just cried unto the Lord.

3. IDENTIFY THE ROOT OF YOUR FRUSTRATION

It is when you know the root of your problems that you would know the right approach to solve them. The possible roots of frustration include:

-SINS

-DISOBEDIENCE TO THE WORD OF GOD

-HOUSEHOLD ENEMIES WITCHCRAFT POWER

-EVIL BACKGROUND

-INHERITED OR GENERATIONAL CURSES

4. ACKNOWLEDGE THAT FRUSTRATION IS A SIN

A believer who allows frustration clearly demonstrates disobedience to the commandment of God. Jesus declared:

Let not your heart be troubled: ye believe in God, believe also in me. John. 14:1.

You need to believe in the Lord that He has the power to make any situation possible. The God who created you in His own image can handle your problems. All He demands from you is absolute faith. Your confession must be like that of Jeremiah:

Ah Lord GOD! behold, thou hast made the heaven and the earth by thy great power and stretched out arm, and there is nothing too hard for thee: Behold, I am the LORD, the God of all flesh: is there any thing too hard for me? Jer. 32:17,27.

5. REPENT OF THE SINS OF FRUSTRATION

Repentance is important if you must kill the serpent of frustration. Humble yourself before the mighty presence of the Lord and He will lift you out of the cage of frustration. Repent of your faithlessness, disobedience and rebellion. Happiness should be your choice. You can choose to be happy and joyful.

If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked

ways; then will I hear from heaven, and will forgive their sin and will heal their land. 2 Chro. 7:14.

6. CHANGE YOUR WAYS INSTEAD OF DESIRING PEOPLE TO CHANGE TO SUIT YOU.

The need to change your ways is important if you want to kill the serpent of frustration. Whatever attitude you put up which appears to other people as wrong or unacceptable should be examined and done away with if it is ungodly. There are people who do not have the right attitude and approach to people. Examine yourself thoroughly in the light of the word of God.

Examine yourselves, whether ye be in the faith; prove your own selves. Know ye not your own selves, how that Jesus Christ is in you, except ye be reprobates? 2Cor. 13:5.

7. TAKE NOTHING PERSONALLY

People may abuse, insult or accuse you of wrong doing when you have done the right thing. Learn not to bottle up anger and annoyance with people. Being annoyed can make you to be more frustrated while the person you think annoyed you may not be aware that he annoyed you. Never allow misunderstanding to disturb you emotionally. We may be perfect in the heart but not in the head.

8. PERSEVERE

Perseverance is a needed virtue. When you persevere, it would not be easy for you to get discouraged. Know certainly that your Redeemer liveth and He would see you through the trials of life. In the midst of the storms of life that appear to destroy you, look up steadfastly to Him. Never be sad or despondent because your tomorrow is in the hand of the Almighty who never sleeps nor slumbers. Your beginning may be small today but perseverance would make it to largely increase. Persevere and look up to Jesus, the author and finisher of our faith.

Looking unto Jesus the the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the

shame, and is set down at the right hand of the throne of God. Heb. 12:2.

To persevere you need to pray continually, with fasting, when necessary. Continuous praises must be made likewise. Encourage yourself in the Lord. See problems as stepping stones to success. Be on the bright side of life.

9. PRAY FRUSTRATION-KILLING PRAYERS

Prayers should be made continuously to kill the serpent of frustration. It is the prayers of faith that would move you from minimum to maximum. When you pray you place your confidence in the ability of God to do all things, irrespective of your present predicaments.

Pray without ceasing. I Thess. 5:17.

10. REJOICE IN THE LORD ALWAYS

Frustration must come. But if you rejoice when it comes, your enemies would be put to flight. The devil becomes unhappy when you are full of praises, adoration and thanksgiving during frustration.

Rejoice in the Lord always: and again I say, Rejoice-Phil. 4:4.

You may have passed through long nights of sorrow but joy comes in the morning. The dawn of a new day awaits you as you set your heart to seek the Lord.

PRAYER POINTS

1. Power of inherited frustration, die, in the name of Jesus.
2. Every power troubling my star, die, in the name of Jesus.
3. My head, be lifted up above the power of frustration, in Jesus' name.
4. Frustration that keeps my eagle down, die. My eagle, fly high, in the name of Jesus.
5. Rod of God's anger, fight for me, in the name of Jesus.

CHAPTER SIX

WHO SHALL ASCEND?

When you get to the Seat of Power, your life can never remain the same. There are men and women who cry to God everyday. They want God to establish a new order for them they see what others do not see. It is only a man who feels the weight of sin and repents that can walk into the strong room of God and bring out something.

A DIVINE SEARCH

God is looking for men and women who are willing to give up something to get into His presence and get fresh power. He is looking for men and women who can discipline themselves and would not rest until heaven is open. Many present-day believers have to work harder than they are working now if they must ascend into His holy hill where His power resides.

If you want to make a mark on your generation, there is some hard work to do. It will be a tragedy if something bad befalls somebody because of you. As we walk through our streets we can see that truth has been relegated to the background. Corruption has now been completely institutionalised. Everybody wants to be 'settled.' Truth has been dethroned these days and falsehood has become the order of the day. Adultery has captured the lives of very many children of God and has rendered them useless.

Many people who call themselves Christians drink fornication like water. A lot of pastors are completely losing their focus. A lot of Christians are carrying weapons of warfare without victory. A lot of places referred to as the sanctuaries of the Most High God have now been converted to places of deceit and where people buy and sell. Many excuse themselves by accusing

the devil as the architect of their sins, instead of taking responsibility for what they are doing. The present generation lies on the devil a lot.

A RADICAL CHANGE

Many of us want God's protection but we don't listen to the Protector. Every 30 minutes about a hundred souls go to hell fire, and believers have not yet grasped the seriousness of this. God is looking for dependable and trustworthy men and women these days. Those who carry the anointing that would touch their generation are scarce. The time has come when you should stop being ashamed of the gospel.

THE SEAT OF POWER

A man whose eyes are far from iniquity does not tell lies. That is why we need to cry and ask God: "Who shall abide in thy tabernacle? Who shall dwell in thy holy hill?" The word 'tabernacle' as well as the words 'holy hill' represent the seat of power of the Almighty.

THE QUALIFICATION

The Lord tells us the qualification of those who can arise to that holy place.

1. Walk uprightly: This means you must be a man or a woman of integrity.
2. Do not take up reproach against your neighbour.
3. Do not admire evil people.
4. Honour them that fear the Lord.
5. Be a man of your words. Even if you swear to your own hurt, change not.
6. Do not exploit people.
7. Do not take reward against innocent people.

Many of us think that all things can be solved only by prayer, but this is not so. You need to sit down, think and reorganise your life.

And in those days shall men seek death, and shall not find it; and shall desire to die and death shall flee from them. Rev. 9:6.

THE CHALLENGE

The Bible tells us that the time is coming when mercy will be gone forever. I find it very challenging that the greatest saint's who ever lived did not have Bibles bigger than ours. Our Bibles are bigger. However, although they were reading very small Bibles they knew the Bible better than we do. They had no access to the computer or internet but they knew God better.

There are people who God has called to set up what the enemy has upset. God has called you to act as a divine detective to seek lost treasures in people's lives and ensure that such people indentify the treasures in their lives. God has called some people to be prophetic voices in this generation, but the way some of such people are going, unless there is a radical change on their path they may not be able to achieve what God has assigned them to do.

PRAYER POINTS

1. Oh Lord, give unto me a clean heart, in the name of Jesus.
2. Every habitation of sin and iniquity in my life, become desolate, in the name of Jesus.
3. The anointing to live holy, fall upon me now, in the name of Jesus.
4. Oh God, arise and lead me to the rock that is higher than I, in the name of Jesus.

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ABOUT THE BOOK

Frustration is not an ordinary thing. It is the wicked tool used by the devil.

There is a serpent of frustration In the spiritual realm. It is an evil spirit In charge of despair, discouragement or frustration.

Many have opted for suicide after concluding that life is no longer worth living.

This book will enable you to know how to deal with the serpent of frustration.

It will surely launch you into freedom.

ABOUT THE AUTHOR

Dr. D. K. Olukoya is the general overseer of the Mountain of Fire and Miracles Ministries and the Battle Cry Christian Ministries.

The Mountain of Fire Miracles Ministries' Headquarters is the largest single Christian congregation in Africa with attendance of over 120,000 in single meetings.

MFM is a full gospel ministry devoted to the revival of Apostolic signs, Holy Ghost Fireworks, miracles and the unlimited demonstration of the power of God to deliver to the uttermost. Absolute holiness within and without as spiritual insecticide and pre-requisite for heaven is openly taught. MFM is a do it-yourself Gospel Ministry, where your hands are trained to wage war and your fingers to do battle.

Dr. Olukoya hold first class honours degree in Micro-biology from the University of Lagos and PhD in Molecular Genetic from the University of Reading. United Kingdom. As a researcher, he has over seventy scientific publications to his credit.

Anointed by God, Dr. Olukoya is a prophet, evangelist, teacher and preacher of the Word. His Life and that of his wife, Shade and their son Elijah Toluwani are living proofs that all power belong to God.

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